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KEY CLUB®

Regan's Report

August Newsletter Regan Henderson Area 5 LTG



Regan's LTG Note

Hello everyone! I can't believe it is already August! Time sure does fly when you're having fun! This summer I have been spending a lot of quality time with my friends and family. I have also been traveling a lot and seeing some awesome sights! However, now that it is August back to school is going to come before we know it! Back to school means new club recruitment for many, as I know my home club is already starting to talk to incoming freshman about how amazing Key Club is! August also means officer training, which I will be setting up sometime this month. Hope you all are having a wonderful summer and are as excited as I am to get back to your Key Club this year!

Officer Report Forms

I just wanted to give everyone the reminder that officer report forms are still due! I know that I have not received a lot of them and would really love to get more of them in! If you need me to send you the link again, please just email me and ask! I would love to give it to you! Officer Report forms are so important because they are the main way of obtaining contact information for me to communicate with you to the best of my ability. Please keep that in mind, and just email me the ORF's whenever you get a chance! Just rename it to Your School's Name-ORF

International Partner Spotlight- Project Happiness



Project Happiness is a non profit organization dedicated to empowering people with the

resources to create greater happiness within themselves and the world. In the U.S., 1 in 3 youth deal with depression and/or anxiety. The good news is that 40% of our happiness can be influenced by intentional thoughts and actions, leading to life-changing habits. Key Club International has collaborated with Project Happiness to educate Key Clubbers about stress management techniques, building stronger relationships, and promoting a more friendly and happier atmosphere in their communities.

How you can get involved:

\$25: Gift a school with the happiness book – a catalyst for positive change

\$50: Gift a school with the film and book – happiness is contagious

\$150: Sponsor a film screening

\$250: Sponsor a classroom with our curriculum

\$500: Empower an entire classroom of an entire students with their own happiness book - a personal compass for challenging times

Your peers, teachers, and even yourself can become trained as an ambassador to promote happiness throughout your school because happiness is not just a state. It's a skill that anyone can learn.

Website: <https://www.projecthappiness.org/>

Take the quiz to see how you can help others find happiness

Quiz: <https://projecthappiness.typeform.com/to/oATXmu>

Fall Rally

Fall is coming fast, which means so is Fall Rally! The 2019 Fall Rally will be held at Adventureland Amusement Park in Altoona (3200 Adventureland Drive, Altoona IA 50009). It will take place on September 15th. In case of rain, the backup date will be September 29. We will do about an hour of ice breakers, presentations, and round table discussion to start off the day, eat lunch, and then everyone has the rest of the day to enjoy the park. Fall Rally is an awesome experience and I hope to see you all there!

YOF Grant

The Youth Opportunities Fund (YOF) is an endowed fund of the Kiwanis Children's Fund which provides grants to Key Club and Key Club members for scholarships and service opportunities.

YOF grants can help you take action. Look around and identify service that needs to be done in your school, community or the world. Then apply for a grant.

Grant basics

- YOF grants are only given to Key Clubs and/or individual club members. Grants are not given to divisions districts.
- Grant amounts between US\$100 to US\$2,000 may be requested.
- Applications must be submitted online by October 15 at 11:59 PM, EST.
- Applications are reviewed by the Key Club board at the November meeting.
- Grant applicants are emailed of outcomes the first week of January.
- A list of grant recipients is posted online the third week of January.
- The club's 2018-2019 dues must be paid before YOF grant checks can be issued.
- A YOF Final Grant Report is due at the end of the grant cycle (January 1).

You can submit your final report on the Key Club website!

ICON Recap

As some of you may know, International Convention was July 3-7th. Many things happened at ICON but by far the biggest thing that happened is K'Lena Schnack and Alex Drahos were elected International President and Trustee! This is very big for us because both of them are from the Nebraska- Iowa district! Lots of other exciting things happened at ICON such as a Meet & Greet (where everyone trades pins and Key Club partner booths are set up), a talent show, a dance, a recognition session (where awards are given out), caucusing (where each candidate gives a speech in different rooms of sister districts), House of Delegates (where districts can propose amendments to the bylaws), and workshops! Next year's ICON will be held in San Francisco and I very much recommend going if you are able to!

Officer Training

Since it is August, it is time to start thinking about back to school! I will be holding an Officer Training session over Google Hangout sometime in this incoming month to teach the new officers about their duties and just inform them a little more deeply on what Key Club is and why we do what we do! I will be sending out an email shortly to see what time works for everyone but I may hold two sessions so I can have a later one for those who don't elect their officers until after school .

DCON Fundraising

I know DCON seems like a long ways away, but it never too early to start fundraising! Starting fundraising now will make it easier for your club to attend DCON and lower the amount out of pocket that your club members have to pay to attend! My home club works at the concessions at our school to get funds and then the money we earned gets split between the people who worked to go towards their DCON dues! There are other ways to do this too, such as can drives, sponsoring, and others! Just do what works for your club!

Presidents Group chat

I have set up a group chat for all of the presidents in area 5! As of right now there is only one president in there though! I know that I have stressed getting ORFs in a lot lately but this is one of the reasons. I need to be able to get into contact with all my clubs! If you haven't turned in your ORF yet no worries! Just send it to me as soon as possible and our group chat can expand! Thank you all so much for all that you do!

Follow us on Social Media! Just click the buttons to take you to our pages!



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